

Diagnostic Imaging Department

HYSTEROSALPINGOGRAM (SALP)

What is a Hysterosalpingogram?

This is an examination of your reproductive system using a liquid, introduced via the vagina, which shows up on the X-ray pictures taken.

How is the examination done?

The procedure involves inserting a speculum through which is a small tube is inserted into the womb entrance and the liquid (X-ray contrast) passed into the womb to outline the reproductive system. X-ray pictures are taken by the Consultant Radiologist.

After the examination

You are advised that:

- You have a restful, inactive 12 hours following examination in order to help ease any discomfort.
- The liquid is “sticky” by nature and you will notice this as it “runs out” naturally.
- You may notice some bleeding for up to 48 hours afterwards. **We strongly advise against the use of tampons for 48 hours which the cervix heals.**
- You may experience some discomfort, rather like a period pain, which may be relieved by taking your usual pain relief medication.
- Your results should reach the referring doctor within one week.

IMPORTANT NOTE:

- If you think you may still be menstruating (bleeding) at the time of this appointment, please **inform us immediately**.
- An escort is required to accompany you home after the examination, please arrange for your husband, partner or friend to be with you.