

Courses Available in Dorset (West)

date of summary: November 2016

Condition	Course(s)	Age	Comments
ASD-specific	Early Birds	0 – 4y	Self-refer, need diagnosis
	Early Birds Plus	4 – 8y	Self-refer, need diagnosis
	Cygnets	9 +	Limited availability depending on where. Contact Sue Brazier if Thomas Hardy pyramid.
	Autism Wessex courses	Not known	Self-refer, need diagnosis
	CAMHS specialist IY for ASD/ADHD	Up to 12. Lower age range not known	Only if the young person is within the CAMHS system
	ASD workshop NOT AVAILABLE		NOT AVAILABLE
ADHD-specific	ADHD workshop NOT AVAILABLE		NOT AVAILABLE
	CAMHS specialist IY for ASD/ADHD	(see ASD above)	(see ASD above)
Challenging Behaviour, of the at-risk of conduct disorder variety. (Also suitable for ADHD, ODD, CD. If there is a diagnosis they aim to place in the 18 weeks programme.) Not usually for ASD: does not address behaviours specific to ASD	AFC challenging behaviour workshops		Self-refer, or professionals refer
	AFC “preventative” Incredible Years (12-ish weeks)	2 – 12 years (<13y)	Referral Form, due to be downloadable from their website
	AFC “treatment” Incredible Years (18 weeks)	(the 18wks course is for 6-12y)	Referral Form 2 courses per year, Pan Dorset
	AFC 1:1 programme		Referral Form 28 per year Pan Dorset (was 60 per year). 14 for Dorset, 14 for Poole/Bournemouth
Attachment “Disorder”	?CAMHS	?	It is thought that North Dorset CAMHS currently delivering an attachment specific parent programme
	NONE OTHERWISE		

Condition	Course(s)	Age	Comments
General / Non-specific	There is a broad range of parenting support, including parenting courses available through a range of services across the county that don't require the need to meet a safeguarding threshold. Some of these are through children's centres, schools and other settings. With that in mind and given that the offer varies in different parts of the county, we felt that it would be more appropriate for you to invite parents to get in touch with their local area Family Partnership Zone to find out what support is available to them. They will know what is going on, when and where and the different types of support that can be offered.		https://www.dorsetforyou.gov.uk/family-partnership-zones-map
Parenting support if "safeguarding" threshold met	Not sure. ? Horizons		Via social services
Sensory Processing Disorder	NONE		<ul style="list-style-type: none"> • May be available via Childrens Therapy if meet the OT criteria and OT consider it part of the overall management • May be available via SWIFTS if SWIFTS consider it as part of the overall management
Course/Workshop for siblings	NONE		There is desire to set up one
Learning disability	SWIFTS	0 – 18y	If meet criteria for SWIFTS, then SWIFTS have some workshops/courses as well. The expectation is that support from universal services/training is sought first before referring into the SWIFTS specialist workshops.

Condition	Course(s)	Age	Comments
Other	Strengthening Families Programme	10 – 14y	<p>http://brookesprevention.org/strengthening-families-programme-10-14uk/</p> <p>The Strengthening Families Programme is for all families with young people aged between 10 and 14 years of age to help them prepare for their teenage years. This evidence-based programme is aimed at reducing the risk of becoming involved in alcohol and drug use, behavioural problems in adolescence and strengthening the parent / carer child relationship. Through discussions, fun games and activities, families solve problems together, learn about rules and consequences and explore ways to show love and support, strengthening family communication.</p> <p>Families can lack support when they need it most. We are reaching out to these families through our free programme and are helping them to strengthen their family bonds. Our programme is unique in the way it works with both parents and children, bringing them together.</p> <p>Families can join the programme by self-application or by referral from an agency or practitioner – application forms and further information is available from Lynne Rockey and you can contact me on lynnerockey@dorsetyouth.com or ring me on 01305 262440.</p>

In development

Challenging behaviour workshop (Laura + Nicky)

Identified gaps

- For older children, e.g. > 12y, or > 14y
- For siblings
- For attachment
- For sensory
- For ASD specific
- For ADHD specific