

Colorectal Department Patient Information



The Information Standard

Certified Member

Information

If you need this information in large print, easy read, on audiotape or in another language please call 0800 7838058 or e-mail pals@dchft.nhs.uk

If you wish to obtain a list of the sources used to develop this information leaflet please call 0800 7838058 or e-mail patient.info@dchft.nhs.uk

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The Colorectal Team

The colorectal team has many members that meet weekly at a Multidisciplinary Team Meeting (MDT) to discuss and plan the best treatment for you.

The team includes:

- Colorectal Nurse Specialists and Nurse Consultant
- Surgeons
- Radiologists
- Oncologists
- Stoma Care Nurses
- Macmillan Dietician
- Macmillan Social Worker

The team work closely together and you may meet several or all of them at some point during your treatment.

Who is your key worker?

Colorectal Nurse Specialist

The Colorectal Nurse Specialists are your key workers and coordinate your care. They work closely with all members of the team and are the best people to contact if you have any questions about your care including tests and treatments.

The Colorectal Nurse Specialists are:

- Angela Ingram
- Natasha Orbell
- Lucy Cadwell

They can be contacted by telephone Monday – Friday on:
01305 253144

There is an answer phone, so please leave a message with a contact telephone number and they will return your call as soon as they can. Due to clinical commitments this may not be until the following working day.

Colorectal Nurse Consultant

The Nurse Consultant provides a colorectal telephone assessment service for new patients with bowel symptoms and manages the Nursing team.

Our Nurse Consultant is:

- Julie Lane

Colorectal Surgeons

There are 5 Colorectal Surgeons in the team and all are experts in bowel surgery and keyhole surgery. They also carry out bowel investigations so you may meet them in the endoscopy department as well as outpatients.

The Consultant Colorectal Surgeons are:

- Mr Talwar
- Mr Stubbs
- Mr Lamparelli
- Mr Ng
- Mr Orbell

Radiologists

Radiologists are doctors with expert training in interpreting x-rays and scans. They have an important role in assessing how advanced a disease is and whether surgery is possible. They also perform procedures such as biopsies in the x-ray department.

The Consultant Radiologists are:

- Dr Illes
- Dr Lawrence

Oncologists

Oncologists are doctors who specialise in treating patients with cancer. These treatments can include chemotherapy and radiotherapy. Both Oncologists have clinics at Dorset County Hospital. Chemotherapy treatment is given in Dorchester but patients attend for radiotherapy treatment in Poole. Referral can also be made to Exeter Hospital for patients who live in the West of the region.

The Consultant Oncologists are:

- Dr Osborne
- Dr Flubacher

Stoma Care Nurses

Stoma Care Nurses provide practical guidance and care for patients who have a stoma. A stoma is an opening from the bowel on the tummy wall allowing the bowels to empty into a bag. This is necessary for some but not all patients having bowel surgery and can be temporary.

The Stoma Care Nurses are:

- Vikki Andrews
- Nicky Clarke
- Fiona Mortlock
- Kate March

The Stoma Care Nurses can be contacted by telephone Monday – Friday 8.30am – 5.30pm on: **01305 255152**

There is an answer machine for messages outside of these hours or when they are away from the office.

Macmillan Dietician

Patients with bowel problems can lose their appetite and experience weight loss as a result of their disease or their treatment. Also, a special diet may be advised to help manage symptoms and the Macmillan dietician can provide expert assessment and advice on diet and nutritional supplements.

The Macmillan Dietician is:

- Ashley Davis

If you feel that you are losing weight or have any problems with eating, please discuss this with your Colorectal Nurse Specialist. They can make an initial assessment and a referral to the dietician if necessary.

Macmillan Social Worker

The aim of the Macmillan Social Worker is to help you and your family deal with personal and social problems. Your Social Worker can:

- Help with planning discharges home from hospital
- Provide support to you and your family
- Help your family to think of ways to take care of themselves
- Arrange some help for you
- Arrange some help for someone you normally care for at home
- Make referrals to statutory and voluntary community services
- Liaise with other services such as Housing Associations
- Give help and information about financial issues such as welfare benefits and employment
- Assist with claims to charities

The Macmillan Social Worker is:

- Megan Standage

You can contact the Macmillan Social Worker directly by telephone Monday – Friday on:
01305 255356

If you prefer you can discuss this with your Colorectal Nurse Specialist who can make a referral for you.

Dorset Macmillan Citizens Advice Service

This is a free benefits advice service for people affected by cancer. They provide free, impartial and confidential advice and help with financial problems, benefits, employment issues and housing.

They run a drop in clinic every Wednesday 9-12.30 in the resources room on Fortuneswell Ward, Dorset County Hospital. They can be also be contacted by telephone on:
0845 490 0042

Semi Colons Patient Support Group

The West Dorset Semi Colons are a patient led support group who meet quarterly in Dorchester. All patients with bowel cancer and their families are welcome to attend the meetings. There is also an informal coffee club. Further details are available at www.bowelcancersupportgroup.co.uk or from Dick Foad (Secretary) Tel: 01305 261165, mobile: 07792637935.

Further information and advice

You can also contact NHS emergency and urgent care services 24 hours a day by dialling 111. Calls are free. You can also access NHS Direct online at www.nhsdirect.nhs.uk

You can contact our Patient Advice and Liaison Service (PALS) on freephone 0800 7838058 or pals@dchft.nhs.uk

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