

Day Surgery Unit Patient Information

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The Information Standard

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Information

If you need this information in large print, easy read, on audiotape or in another language please call 0800 7838058 or e-mail pals@dchft.nhs.uk

If you wish to obtain a list of the sources used to develop this information leaflet please call 0800 7838058 or e-mail patient.info@dchft.nhs.uk

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Patient Advice Following Large Loop Excision of Transformation Zone / Cone Biopsy

This procedure involves the removal of abnormal cells on the neck of the womb (cervix). A scab will form and the area will eventually heal.

Pain

You may experience some discomfort. It is advisable to take some pain relief as necessary for the first few days. Always follow the instructions on the side of the packet and do not exceed the recommended daily dose.

Bleeding

Following this procedure you may have some vaginal bleeding or discharge for two- five days similar to a light period. This will change to a dark brown discharge and may last as long as two to three weeks which is quite normal. Please use sanitary towels whilst you have any discharge. Do not use tampons until your next menstrual period.

Activity

It is natural to feel tired following a general anaesthetic or sedation. This is your body's natural reaction to the stress of the procedure. Take it easy for the next couple of days but ensure that you take regular short walks to help the circulation in your legs.

Please refrain from sexual intercourse for at least four weeks.

You must not drive for the first twenty four hours following sedation or general anaesthetic. This is a requirement of the Road Traffic Act.

If you experience very heavy vaginal bleeding or severe abdominal pain, please contact:

Further Information and Advice

GP or out of hours GP

NHS Direct

Dorchester Day Surgery Unit

Weymouth Day Surgery Unit

Easton Day Surgery Unit

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01305 254501 (day of procedure only)

01305 762664 (day of procedure only)

01305 255771 (day of procedure only)