

Emergency Department Discharge Advice

Conjunctivitis

Conjunctivitis is an infection of the white part of the eye. It is not serious, but can be contagious. If the infection spreads to the other eye, use the drops in that eye as well.

You should:

- Use your own flannel, soap and towel
- Wash your hands before putting in your eye drops

You should not:

- Share the eye drops with anybody else

If your eyes are sticky:

- Bathe them with cool water which has been boiled

The infection should clear up within 1-2 weeks. If it does not, please contact your GP for further advice.

Further advice and instructions



Information

If you need this information in large print, easy read, on audiotape or in another language please call 0800 7838058 or e-mail pals@dchft.nhs.uk

If you wish to obtain a list of the sources used to develop this information leaflet please call 0800 7838058 or e-mail patient.info@dchft.nhs.uk

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