



Department of Genitourinary Medicine

Dorset County Hospital Sexual Health Service

young people friendly

Welcome to the Dorset County Hospital Sexual Health service.

This leaflet gives information about the service provided, and clinic times for the Sexual Health / Genitourinary Medicine Department.

We offer confidential and professional advice with free treatment.

Services provided

- Information and advice about sexual health
- Testing for and treatment of sexually transmitted infections (STIs)
- Testing for HIV, hepatitis B and C
- Management of thrush and other genital problems
- Management of pelvic pain
- Pregnancy testing and advice
- Emergency contraception
- Provision of contraception including contraceptive implants (under 25's at Weymouth only)
- Follow-up and testing after sexual assault
- Management of HIV infection (Weymouth only)
- Post-exposure prophylaxis for HIV (PEPSE)
- Advice regarding pre-exposure prophylaxis for HIV (PreP)
- Hepatitis B vaccination (selected groups only - not occupational)
- HPV vaccination (not available free outside the NHS programme)
- Sexual problems clinic (not Bridport)
- Free condoms

Clinics

Please note that services may be subject to change, and this may not be the most up to date leaflet. We recommend that you call the clinic before attending to check the opening times.

To make an appointment, or for further information, please call our Weymouth clinic at ☎ 01305 762682 during opening hours Monday to Friday.

If you wish to cancel an appointment, you may call us or e-mail gumreception@dchft.nhs.uk

Weymouth

The Park Centre for Sexual Health
Weymouth Community Hospital
Melcombe Avenue
Weymouth DT4 7TB

Monday

1:30 pm – 7:15 pm Same day service & appointments
1:30 pm – 4:30 pm Under 18's walk-in and wait

Tuesday

8:30 am – 4:15 pm Same day service & appointments

Wednesday

9:15 am – 7:15 pm Same day service & appointments
1:30 pm – 4:30 pm Under 18's walk-in and wait

Thursday

9:00 am – 4:15 pm Same day service & appointments

Friday

8:30 am – 4:15 pm Same day service & appointments

****For same day service, phone from 8:15 am.***

Bridport

Sexual Health Clinic
Bridport Medical Centre
West Allington
Bridport DT6 5BN

Wednesday

10:00 am – 4:00 pm Appointment only clinics

Blandford

Sexual Health Clinic
Portman Unit
Blandford Community Hospital
Milldown Road
Blandford Forum DT11 7DD

Tuesday & Thursday

10:00 am – 4:00 pm Appointment only clinics

In the clinic

- We will usually need a urine sample, so try not to pass urine for at least 2 hours before attending the clinic.
- Your first visit to the clinic will usually take between 30 minutes to an hour. Further visits, if needed, should be shorter.
- If you are attending a walk-in and wait clinic, be prepared to wait as they can sometimes be very busy.
- You can bring a friend or family member for support if you wish.
- The doctor or nurse who sees you will ask some questions. These will include:
 - details of your medical history
 - details of any problems you have
 - establishing whether you could be at risk of an STI (to decide which tests need to be performed)
 - other issues which might impact on your health
- If you would feel more comfortable seeing a female doctor or nurse, ask at reception or when you are called to be seen.

- If you would feel more comfortable seeing a male staff member, ask at reception or when you are called to be seen. However, we only have one senior male nurse and no male doctors so, although we will do our best, if you have a complicated problem it may not be possible for you to see a male member of staff.

Sexual health screening

If you do not have any symptoms (haven't noticed anything wrong), we can offer a rapid sexual health MOT.

- We test for chlamydia and gonorrhoea, using a urine specimen in men, and a vaginal swab (which you can take yourself) in women. There is no routine test for pelvic inflammatory disease (PID), genital warts or genital herpes.
- We test for syphilis and HIV using a blood test. We can perform a rapid (20 minute) test for HIV using a finger-prick test, if needed.

If you have a problem affecting your genital area, you will be examined and additional swabs may be taken. A chaperone will usually be present during an intimate examination. If you are offered a chaperone of the opposite sex and feel uncomfortable about this, don't hesitate to tell the doctor or nurse you are seeing.

Results

- Some tests are done in the clinic, and the results will be available straight away.
- Routine results will usually be back in 10-14 days.
- We usually provide results by text or phone call.
- We can provide written confirmation of test results if requested, but there will be a charge for this.

Services for young people

- Our young people friendly accreditation means that our services are safe, accessible, professional and non-judgemental.
- We hold two dedicated young person's clinics a week (Monday and Wednesday afternoons) at The Park Centre for Sexual Health in Weymouth. However, young people may attend any of our clinics.
- If you are under 16, you can be seen without a parent or carer present if you wish, or you can bring a friend or family member with you for support.
- We offer the same confidentiality to all patients, whatever their age. This means that we treat everything you tell us in complete confidence.
- We will not tell anyone (including your GP) anything about you unless we think that you are in danger of coming to harm.

Comments, compliments, concerns and complaints

- Your views are very important to us as they can help us to improve our service to all of our patients. If you have any comments or suggestions, we would like to know. You can:
 - speak to staff
 - use the comments boxes
 - contact patient and customer services ☎ 0800 7838058 or e-mail pals@dchft.nhs.uk

- send a letter or e-mail to the Chief Executive of Dorset County Hospital NHS Foundation Trust at headquarters@dchft.nhs.uk
- If you are unhappy with any aspect of your care, please talk to the staff involved or the Matron, Dave Mansley, as soon as possible. Very often problems can be sorted out straight away.
- If you have been really impressed by the care you have received by an individual or the team, please consider nominating them for a Hospital Heroes Award. This can be done by using the forms which are available in the waiting room, or on-line at <https://www.surveymonkey.co.uk/r/LRYTT6N>

Further information

Department of Genitourinary Medicine

Telephone: 01305 762 682

E-mail: gumreception@dchft.nhs.uk

Website: www.sexualhealthdorset.org



NHS Trusts working together across Dorset, Bournemouth and Poole

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If you have feedback regarding the accuracy of the information contained in this leaflet, or if you would like a list of references used to develop this leaflet, please email pals@dchft.nhs.uk



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