

Department of Genitourinary Medicine
Patient Information

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Information

If you need this information in large print, easy read, on audiotape or in another language please call 0800 7838058 or e-mail pals@dchft.nhs.uk

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Over the rainbow



Practical advice & support for men working in the sex industry

The 4Pay project aims to offer advice and support for men entering, working in or exiting the male sex industry.

The project is based at Over The Rainbow in Bournemouth and is staffed by NHS healthcare professionals.

Services are available to anyone regardless of their sexual orientation.

The sex industry has grown in recent years and is currently estimated to hold a market value of £1bn in the UK. Whilst women make up a high percentage of those involved with the provision of sex work, recent reports indicate a higher number of men entering the business.

Typical work within this business may include:

- Phone, cyber and webcam shows
- Escorting
- Rent
- Specialised services including fetish and BDSM
- Pornography: films, photography and modelling
- Exotic dance, striptease, lap and pole dancing

Our services

- Advice on sexual health and information about STIs and how to treat them.
- Confidential STI and HIV testing and treatment.
- Hepatitis B immunisation
- Free condoms and lube
- PEP (post-exposure prophylaxis)
- PrEP (pre-exposure prophylaxis) signposting
- Sexual assertiveness training
- Risk reduction and personal safety
- Crime reporting
- Ugly Mug and Dodgy Punter notification
- Drop-in service
- Online support for those living in rural areas
- Collaborative working with organisations specialising in drugs including steroid and Chemsex, alcohol and housing issues
- Advice and support for those wishing to exit the sex industry.

Trans sex workers

We also have information available to trans sex workers, in addition to established links with the Dorset Working Women's Project.



Sexually transmitted infections

Sexually transmitted infections can be passed on through a wide variety of sexual activities, including:

- Anal sex
- Oral sex
- Fisting
- Skin-to-skin contact

Recent studies have also isolated HIV in pre-cum, so it is important not to take unnecessary chances, and always use condoms for protection. Even if you are positive yourself, you may be at risk of contracting a drug resistant strain of the virus that will impact on treatment available to you.

Warning signs of infection:

- Penile / rectal discharge
- Pain or burning when urinating or ejaculating
- Rashes or sores
- Unusual lumps and bumps
- Cauliflower-shaped warts
- White patches inside your mouth
- Tiredness
- 'Flu-like symptoms
- Loss of appetite

If you have any concerns or have stated having sex with men, we would recommend attending for a sexual health screen. We offer confidential and professional advice with free treatment

Confidentiality

All support is provided in relaxed surroundings with confidential and professional advice. No tests or examinations will be carried out without your informed consent.

We offer the same confidentiality to all patients. This means that we treat everything you tell us in complete confidence.

However, we do have a legal duty to pass information under the following circumstances:

- A child is at risk
- We have information that a serious crime is planned or has been committed
- You provide information about major drug trafficking or terrorism
- We are instructed to do so by the Court.

Disclaimer

The 4Pay project aims to provide men with information and support to enable them to make informed decisions about the work they are engaging in. It is not to promote or glamorise vocations within the sex industry.

Contacting us

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