



Infection Prevention & Control

MRSA Treatment Guidance

Octenisan®

(inc. Mupirocin 2% Nasal Ointment)

Patient Name:

Hospital number:

Dear Patient

Your MRSA swabs have shown you are colonised or have previously been colonised with MRSA. This means you have MRSA on your skin and/or in your nose, but this is currently causing you no harm.

You have been provided with the treatment you need to clear the MRSA. Please follow the instructions carefully to maximise successful treatment.

To help keep you safe in hospital, you have been given a bottle of special soap to wash with every day.

This helps remove bacteria from your skin and may reduce the risk of infection.

Start using Octenisan® 5 days prior to your admission date.

If you are admitted as an inpatient you will be re-screened in hospital.

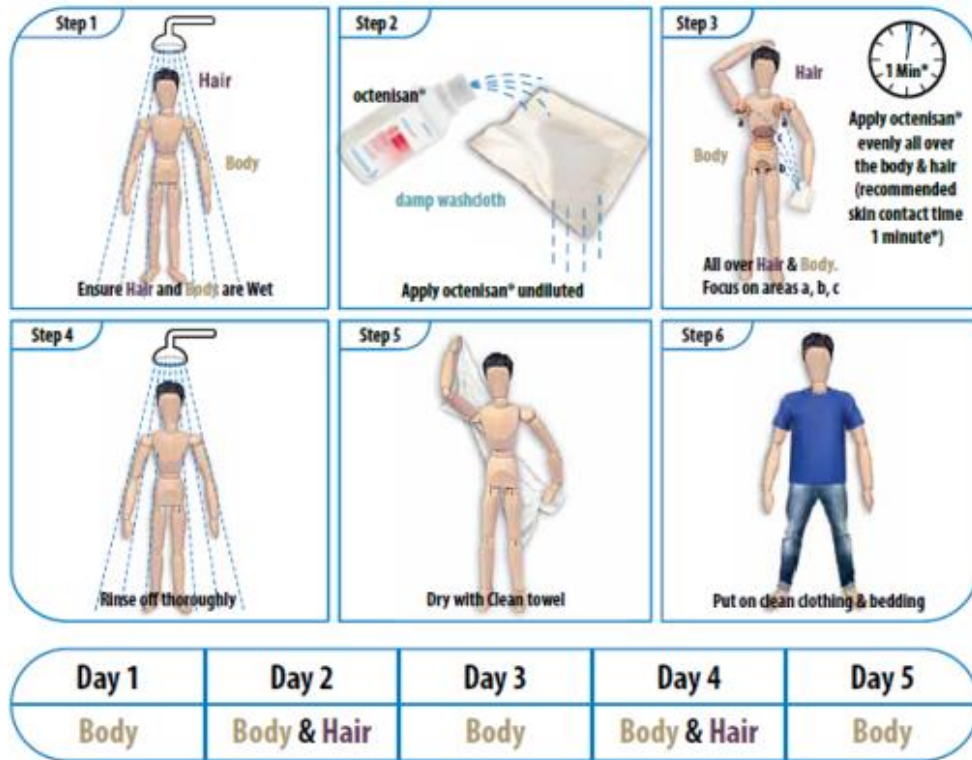
If you are unsure what to do or need help washing, please ask a member of staff.

To be completed by patient daily during treatment:

| Octenisan® Body wash | Day 1 | Day 2 | Day 3 | Day 4 | Day 5 |
|----------------------|-----------|-----------|-----------|-----------|-----------|
| | Date: | Date: | Date: | Date: | Date: |
| | Initials: | Initials: | Initials: | Initials: | Initials: |

Octenisan® 5 day antimicrobial wash protocol:

- Apply Octenisan® undiluted onto a disposable, clean, damp washcloth of which you are the sole user.
- Apply evenly all over body and hair to be cleansed and wash off.
- For showering or hair washing, simply use Octenisan® in the same manner as other hair and skin washing preparations.
- Always observe the recommended contact time of 1 minute.
- Please see the pictured diagram for extra guidance.



To be completed by patient daily during treatment:

| | | | | | | |
|-----------------------|-----------|-----------|-----------|-----------|-----------|-----------|
| Nasal Ointment | | Day 1 | Day 2 | Day 3 | Day 4 | Day 5 |
| | | Date: | Date: | Date: | Date: | Date: |
| | Morning | Initials: | Initials: | Initials: | Initials: | Initials: |
| | Afternoon | Initials: | Initials: | Initials: | Initials: | Initials: |
| | Evening | Initials: | Initials: | Initials: | Initials: | Initials: |

Mupirocin 2% Nasal Ointment (Bactroban®)

Apply to the inside of both nostrils 3 times a day for 5 days.

Please read the Patient Information Leaflet included in the box with the Mupirocin nasal ointment before you begin to use it.

The nasal ointment is to be applied to each nostril as described in the Patient Information Leaflet.

Following application of the nasal ointment to the inside of the nostrils it is important that the outside of the nose is massaged well. This will ensure the treatment is effective. You may be able to taste the nasal ointment.

If being treated at home, please bring any remaining Octenisan® body wash or Mupirocin 2% nasal ointment into hospital with you.

Contact Numbers:

We hope that you have found this information useful. If you have any questions or are worried about anything, please speak to the following Dorset County Hospital Staff:

Pre-assessment Team on **01305 254222**

Infection Control Team on **01305 253279**

About this leaflet:

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|---------------------|---|
| Author: | Gloria Moss Infection Prevention Specialist Nurse |
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If you have feedback regarding the accuracy of the information contained in this leaflet, or if you would like a list of references used to develop this leaflet, please email pals@dchft.nhs.uk



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