

Maternity Unit Patient Information



The Information Standard  Certified Member

Information

If you need this information in large print, easy read, on audiotape or in another language please call 0800 7838058 or e-mail pals@dchft.nhs.uk

If you wish to obtain a list of the sources used to develop this information leaflet please call 0800 7838058 or e-mail patient.info@dchft.nhs.uk

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Partners staying on the Maternity Unit

Introduction

This leaflet is for women staying with us on the Maternity Unit, and their husband/partner/significant other (hereafter referred to as “partner”).

It refers specifically to the time after the baby is born.

We are pleased to welcome partners onto the Maternity Unit and recognise the value of keeping a new family together after a baby has been born. To ensure that your stay with us goes smoothly, we have laid out some guidance below. We would be very grateful if you could adhere to these simple requests to ensure that the privacy and dignity of the other women on the Maternity Unit is maintained at all times.

Guidance:

- We will do all we can to ensure that you have a single room after your baby is born. Unfortunately if it is necessary to move you into a multi-occupancy ward then it will not be possible for your partner to stay with you between 10pm and 8am
- We are only able to facilitate one person staying with you overnight after your baby is born – this could be your partner, your mum or in certain circumstances a close friend
- Partners, we will provide you with a recliner, pillow and blankets. Unfortunately we are not able to provide you with a bed
- Partners, please dress appropriately at all times. If you do not have pyjamas we can lend you theatre scrubs to wear
- Partners, during the hours of 10pm to 8am please refrain from sitting in the Day Room for any length of time
- Partners can use the toilet and shower facilities in the room

- Partners must provide their own food and beverages but can of course use our hot water. A small supply of food can be stored in the fridge in the Day Room. It must be labelled and dated clearly
- Partners, we encourage you to help with caring for mum and baby. However, please do not hesitate to ring the call bell for further advice or help during the night
- Partners, please do not sleep with your baby in the recliner as this is not safe

Further Information

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