

# Communication Help for Outpatients

Please tell us more about yourself so we can make things as easy as possible when you come for your appointment. A relative or carer can usually stay with you and, if you like, you could bring something familiar with you.

## Things you must know about me

My name is	
I like to be known as	
How to communicate with me best	
How I communicate with others	
Any problems with sight or hearing	

## Things that are really important to know about me

How to tell if I am happy and at ease	
How to tell if I am upset or anxious	
How to help me understand when making a decision	
How I feel about lying on a couch. (Some things can be done sitting)	
How I feel about physical touch	

## Other things I would like clinic staff to know about me

Please tell us anything else that might help to make this visit as happy and successful as possible when you come to hospital. You can write on the back of this sheet too, if you like.



The person who helped me with this form is:

Today's date is:

Relationship to patient:

**Please bring this form to your appointment. If you have a Yellow Book, please bring it too.**