What you need to know about leaving hospital











This **Easy Read leaflet** tells you:



what will happen after you leave hospital.



It is important all hospitals have enough **beds** to look after people who need hospital care.



You will leave hospital when:



you do not need hospital care



 You can get the right care outside hospital.



When you don't need to be in hospital, you will get better faster when you go home.



Your health team will decided when you leave.

When you leave hospital, it is very important that you:



stay safe



• get the right care.



In most cases, you will go home.

When you go home you may need care and support:



to get dressed



to wash



• to do shopping.



If you need more care and support, you may need to go to a care home or nursing home.

Before you leave hospital, someone will talk to you:



 about your care and support needs



 about the best way to leave hospital





 A family member, friend or carer can join you for this talk.