

## Occupational Therapy Department Patient Information



The Information Standard Certified Member

# Information

If you need this information in large print, easy read, on audiotape or in another language please call 0800 7838058 or e-mail [pals@dchft.nhs.uk](mailto:pals@dchft.nhs.uk)

If you wish to obtain a list of the sources used to develop this information leaflet please call 0800 7838058 or e-mail [patient.info@dchft.nhs.uk](mailto:patient.info@dchft.nhs.uk)

Authors: Nicola Samson & Nicola Chapman  
Roles: Occupational Therapists  
Publication Date: 05/16  
Review Date: 05/19

## Occupational Therapy Home Visit



### Why do occupational therapists conduct home visits?

Occupational therapists conduct home visits to assess how you will manage in your home environment and to determine whether it is safe for you to return home.

It can often be helpful to have relatives or carers present so that they can support you and raise any concerns they may have.

On the visit we will discuss any essential equipment or care needs.

### What do I need to bring or have with me?

- Keys to your house, someone at your home to provide access, or a key safe
- Suitable daytime clothing (e.g. coat)
- Footwear suitable for walking outside

## What will happen during my home visit?

During the visit your occupational therapist may ask you to:

- Transfer on and off your chair, toilet or bed
- Walk around your home
- Go up and down the stairs
- Make a hot drink

## Do I need to come back to the hospital after the visit?

Visits normally last for 1-2 hours. You will normally return to the hospital after your visit, where we will plan your discharge. This might include further rehabilitation, equipment being provided or care being set up.

In certain situations, the occupational therapist will plan for you to stay at home. This is a 'discharge home visit'. This will be agreed with you when the visit is set up.

**My home/discharge visit is on .....**

**Time: am/pm:**

**Transport arrangements:** with the occupational therapist/ hospital transport/ taxi

**My occupational therapist is called .....**

**Who else will be present? .....**

If you have any queries please contact the occupational therapy department: **01305 255241**

