

Colposcopy Outpatients Patient Information



The Information Standard

Certified Member

Information

If you need this information in large print, easy read, on audiotape or in another language please call 0800 7838058 or e-mail pals@dchft.nhs.uk

If you wish to obtain a list of the sources used to develop this information leaflet please call 0800 7838058 or e-mail patient.info@dchft.nhs.uk

Author: Miss A Cooper
Role: Lead Colposcopy Consultant
Publication Date: 01/16
Review Date: 01/18

After LLETZ Treatment

10



- Most women following treatment will have some bleeding; this ranges from a small amount of spotting to a light period. This may become a watery discharge and lasts from 1 to 6 weeks. Some ladies don't have any discharge at all.
- **Very rarely you may experience heavy bleeding soon after LLETZ treatment. If this happens, go straight to DCH Emergency Department and inform the Colposcopy Department 01305 255729 if possible.**
- You may notice a slight odour if you have bleeding and are using sanitary towels. Occasionally women do have a very offensive discharge, in which case you should see your GP and it may be necessary to give you some antibiotics.
- The local anaesthetic will wear off over the next couple of hours; we recommend you take some paracetamol if required. It should not be very painful, but you may feel a bit achy like having a period pain.
- We would recommend that you do not use tampons for a month after treatment to reduce the risk of infection
- We would recommend that you do not have sexual intercourse or swim for a month afterwards, again to avoid infection
- We suggest that you have a quiet day following your treatment; you should be able to return to work the next day. Avoid strenuous physical activity as this may cause extra bleeding. We would recommend that you have a couple of days off following the procedure if your work involves heavy lifting.

- Your next period may be abnormal - it may be prolonged or heavy or lighter, it could arrive earlier or later than usual. This should soon return to normal.
- If you would like to become pregnant, please wait until you have had the results of your smear 6 months after the treatment
- You can have a coil fitted 4-6 weeks following LLETZ treatment
- The Doctor from the clinic will notify you of the results of your treatment in the next few weeks and you will need to have a smear 6 months after treatment. This may be done here or at your GP surgery.
- If you have any further questions or concerns then please ask any of the Colposcopy nurses or doctors on the numbers below

Contact Telephone Numbers:

Dorset County Hospital (Switchboard): 01305 251150

Colposcopy Appointments: 01305 255729

Colposcopy Nurse: 01305 254239

