



Dorset County Hospital
NHS Foundation Trust

Urology Department Patient Information

One Stop Haematuria Clinic

You have been referred to the One Stop Haematuria Clinic by your GP. This leaflet explains what Haematuria is and what you can expect to happen when you come for your appointment.

What is Haematuria?

Haematuria is blood in the urine. This may be Visible or may have been found when your urine was tested, non-visible.

What is the Haematuria Clinic?

It is important to try and find out if there is a reason for blood in your urine. You may need to have an ultrasound scan of the kidneys; and internal examination of the bladder called a flexible cystoscopy and you will see a urology nurse specialist in one day. You will be at the hospital for about 1 and half hours.

Where is the Haematuria Clinic?

The clinic is held at Dorset County Hospital. Your first appointment is in:

- **The Diagnostic Imaging Department, South Wing Entrance 1**

Please attend here at the time shown on your appointment letter.

There is no special preparation for the tests.

Please bring with you:

- Your appointment letter
- This leaflet
- Money for the car park
- A urine sample in a clean container

When you arrive at the hospital:

Report to the reception of the Diagnostic Imaging Department at the time stated on your letter. You will have an ultrasound scan of the kidneys and possibly the bladder.

What is an ultrasound of the kidneys?

- Ultrasound uses sound waves to build a picture of the internal parts of your body.
- You will be asked to lie down on a bed and a Radiologist (specialist doctor), or a Sonographer (scan specialist) will put some warmed gel onto a small hand-held probe.
- Some warm gel will be applied to the skin of your abdomen.
- The probe will be moved across your abdomen. This will transmit a picture of your kidneys onto a screen.
- You should not feel any pain.
- The scan takes about 10 minutes.

You will then be directed to the Procedure suite to wait to see a urology nurse specialist.

- The specialist nurse will see you and take your medical history and ask you some questions.
- The nurse will perform a rectal examination of the prostate for male patients.
- The nurse will tell you if you need any blood or urine tests and answer any questions you may have.
- You will then have a flexible cystoscopy.

Flexible Cystoscopy

- Please report Procedure suite, East Wing level 2. (Easton Day Theatres) The test involves passing a thin soft tube (a flexible cystoscope) into the bladder.
- The leaflet enclosed explains this in more detail.
- The nurse will discuss the results of this test with you.

After the tests?

- You can go home as soon as a nurse has discharged you – a letter will be sent to your GP.

Any Questions?

If you would like more information or are worried about any of the tests described in this leaflet, please telephone;

Urology Nurse Specialists on **01305 255145**

Monday – Friday between 9am and 5pm.

Contact Numbers

We hope that you have found this information useful. If you have any questions or are worried about anything, please speak to your family doctor (GP) or:

Consultant Urological Surgeons:

Mr N Afzal	01305 255468
Mr S Andrews	01305 255274
Mr A Cornaby	01305 255470

Urology Nurse Specialist:	01305 255415
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Notes:

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References:

British Association of Urological Surgeons (BAUS)
website, April 2018

If you have feedback regarding the accuracy of the
information contained in this leaflet, please email
pals@dchft.nhs.uk



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