

Patient Initiated Follow-up

**Did you know that you don't always have to
have a follow-up appointment?**

You can ask your doctor or nurse if it is appropriate for you not to be seen for a review appointment unless you feel you really want one.

Many patients feel that they would like the choice to be able to come back and see a health care professional, but do not necessarily always need or want to.

On this pathway you can request a follow-up appointment within a set timeframe, if and when you need one. This means you avoid unnecessary appointments, saving you time, money and stress.

For information on how Patient Initiated Follow-up works and how it could benefit you, please visit our website:

dchft.nhs.uk



**Please ask about Patient
Initiated Follow-up at
your next appointment**