

For more information on Lung Health Checks visit our webpage

Dorset Targeted Lung Health Check Team

www.dchft.nhs.uk/service/lung-health-check



Or call: 01305 255589

You are not alone
For help and support on
stopping smoking

Contact NHS Smokefree on:
0300 123 1044 or visit
www.nhs.uk/smokefree

For FREE advice and FREE
Nicotine
Replacement Therapy contact



LiveWellDorset

[Stop Smoking With LiveWell Dorset | Help To Quit Smoking In Dorset - LiveWell Dorset](#)

 **0800 840 1628**
01305 233 105

Monday - Friday 9am - 6:30pm

NHS
Dorset



Dorset
Targeted Lung
Health Check
Programme

Information Leaflet



About Lung Health checks

The lung health check programme is a new service offered to those aged 55 to 74 who smoke or have ever smoked.

Why are we offering Lung Health Checks?

Run by specially-trained nurses, lung health checks look at how well your lungs are working. They can help find any problems early, often before people notice anything is wrong. Finding things early also means that treating a problem is often simpler and more successful.

Following a text from your GP you will be sent an appointment letter for a telephone conversation with a health care professional.

If appropriate, you will be invited to a face-to-face appointment for your Lung



Health Check. If you do not have a mobile number registered with your GP, you will be sent an appointment letter automatically.

3 out of 4 people are diagnosed with lung cancer late due to there often being no signs or symptoms at an early stage.



NHS England 2019



Our aim is to diagnose Lung conditions early, making treatment more successful.

The Targeted Lung Health Check Journey

You will receive a letter in the post for a telephone appointment



During the phone call appointment you will be asked a few questions about your overall health, family and medical history.

If appropriate, you will be invited to a face-to-face appointment for a lung health check.



If necessary you will be invited for a low dose CT scan of your lungs. Once we have the results, you'll be given the all clear or referred for further investigations.

When are Lung Health Checks coming to my community?

Lung health checks are being rolled out across Dorset.

When it is your GP Surgery's turn, you will be contacted by the Lung Health Check Team.

It is important your GP has your correct contact details and smoking status

To ensure your details are correct
Contact your GP surgery

A 30 minute appointment could save your life

