



Infection Prevention & Control

MSSA Octenisan® Treatment Guidance (Mupirocin Nasal ointment)

Patient Name:

Hospital number:

Dear Patient

Why do I need MSSA decolonisation?

Your MSSA swabs have shown you are colonised with MSSA. This means that you have MSSA on your skin and/or in your nose, but this is currently causing you no harm.

What treatment do I need?

You have been provided with the treatment you need to clear the MSSA. Please follow these instructions carefully, to maximise successful treatment.

What happens after the treatment?

On any subsequent admission you may be screened and offered treatment again for some procedures.

If your swabs are MSSA negative we will not contact you.

If your swabs are MSSA positive you will be contacted to arrange further treatment.

To be completed by patient daily during treatment:

Octenisan® Body wash	Day 1	Day 2	Day 3	Day 4	Day 5
	Date:	Date:	Date:	Date:	Date:
	Initials:	Initials:	Initials:	Initials:	Initials:

Octenisan® 5-day antimicrobial wash protocol:

For showering or hair washing, simply use Octenisan® in the same way as other shampoo and body wash.

- You should wash your body every day and hair on alternate days, as detailed below.
- Apply Octenisan® undiluted onto a disposable clean, damp washcloth, of which you are the only user.
- Apply evenly all over your body and hair, leave for one minute and wash off.

It is important to leave the Octenisan® on your body for the recommended **one minute** before washing off.

Step 1
 Hair
 Body
 Ensure Hair and Body are Wet

Step 2
 octenisan®
 damp washcloth
 Apply octenisan® undiluted

Step 3
 Hair
 Body
 1 Min*
 Apply octenisan® evenly all over the body & hair (recommended skin contact time 1 minute*)
 All over Hair & Body. Focus on areas a, b, c

Step 4
 Rinse off thoroughly

Step 5
 Dry with Clean towel

Step 6
 Put on clean clothing & bedding

Day 1	Day 2	Day 3	Day 4	Day 5
Body	Body & Hair	Body	Body & Hair	Body

To be completed by patient daily during treatment:

Nasal Ointment		Day 1	Day 2	Day 3	Day 4	Day 5
		Date:	Date:	Date:	Date:	Date:
	Morning	Initials:	Initials:	Initials:	Initials:	Initials:
	Afternoon	Initials:	Initials:	Initials:	Initials:	Initials:
	Evening	Initials:	Initials:	Initials:	Initials:	Initials:

Mupirocin 2% Nasal Ointment (Bactroban®)

Please read the Patient Information Leaflet included in the box with the Mupirocin® nasal ointment before you begin to use it.

Apply to the inside of both nostrils three times day for 5 days. The nasal ointment is to be applied to each nostril as described in the Patient Information Leaflet.

Following application of the nasal ointment to the inside of the nostrils, it is important that the outside of the nose is massaged well. This will ensure the treatment is effective. You may be able to taste the nasal ointment.

If being treated at home, please bring any remaining Octenisan® bodywash or Mupirocin 2% nasal ointment into hospital with you.

Contact Numbers:

We hope that you have found this information useful. If you have any questions or are worried about anything, please speak to the following Dorset County Hospital Staff:

Pre-assessment Team on **01305 254222**

Infection Control Team on **01305 253279**

About this leaflet:

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If you have feedback regarding the accuracy of the information contained in this leaflet, or if you would like a list of references used to develop this leaflet, please email pals@dchft.nhs.uk



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