



## Pre-Assessment Triage

# MyPreOp

Ultramed

Dorset County Hospital Foundation Trust (DCHFT) is using an online pre-operative assessment tool called MyPreOp. Ultramed is the company who provides this service for patients on behalf of DCHFT.

### What is MyPreOP?

MyPreOp is a pre-operative assessment questionnaire for you to complete at home via any internet-enabled device in preparation for your surgery.

### How do I access MyPreOp?

Soon you will be sent a unique code, via text message or email, for you to start your questionnaire online. If you are unable to complete MyPreOp by yourself, a relative, carer or friend can help you.

### What if I cannot access the internet?

If you are unable to get access to the internet, please contact the DCHFT call centre on the telephone number overleaf and we will arrange a date and time for your MyPreOp questionnaire to be completed with you over the telephone. At your telephone appointment you will be asked to provide information on your medications, allergies, immunisations (Covid-19) and height and weight. Please have this information available to you.

### When should I complete MyPreOp?

Please complete your MyPreOp at your earliest convenience. Do not wait until you have an operation date, as we often do not assign operation dates until your pre-assessment is complete. Failure to complete MyPreOp could therefore delay your surgery.

### How long will it take to complete MyPreOp?

The questionnaire will take 30-60 mins to complete and will ask you questions about your lifestyle, health, and your operation. You do not need to complete the questionnaire in one go; your progress will be saved as you enter your details.

## What happens next?

Once you have completed your questionnaire, the DCHFT Pre-Assessment team will review the information you have provided in preparation for your procedure. Should you require any tests or appointments, the Pre-Assessment team will contact you directly to arrange.

Completing your questionnaire online reduces waiting times for patients and makes it easier for the hospital to plan your care.

## Contact numbers:

Should you have any technical difficulties accessing your MyPreOp Assessment, please contact:

- **Ultramed support desk:** 020 3322 4545 or [support@ultramed.co](mailto:support@ultramed.co)

If you wish to update your contact details, or do not have access to the internet, please contact:

- **DCHFT Call Centre** 01305 255779

## About this leaflet

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If you have feedback regarding the accuracy of the information contained in this leaflet, or if you would like a list of references used to develop this leaflet, please email [pals@dchft.nhs.uk](mailto:pals@dchft.nhs.uk)



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